

CORE SOUL

CRYSTAL RAY BASICS



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(Permission to share authorized by Lauren Zimmerman)

First of all, let me just say that I encourage anyone interested in The Crystal Ray to do their own exploration of its opportunities and capabilities. As with all crystals, the Crystal Ray is multi-faceted and much can be "hidden" within it. In addition, this Ray is an energetic connection to your own unique soul. As a distinctive soul, your experiences and healing, as revealed and assisted by this Ray, will necessarily be distinctive as well.

Keep in mind, as you do your own inimitable work with the Ray, that the properties of crystal have the ability to magnify multiply energies up to ten times. In other words, if you are using the Ray for the purpose of healing a specific issue, it has the ability to help you get directly to the core issue in a very powerful way. As you work with the Ray, allow all things to be possible. Don't "squench" the thoughts and visions and inspirations that come to you. All things being energy, including time and space, the Ray (in its process of assisting you) may awaken energies from other lifetimes and other dimensions. Anything is possible.

I, personally, use the Crystal Ray visualization/energy more than any other. It is, for me, stronger in its ability to assist with clarity. It also exudes an energy that assists in accessing one's personal strengths, as well as gives a deep feeling of being protected on all levels. The other Rays have genuine and unique purposes of their own and I use them as well, but when it comes to getting to the core of a matter in the fastest way available, the Crystal Ray is the one I choose.

The two main components of the Crystal Ray, as you envision it, are as follows:

- 1) The exterior area/energy of the Crystal Ray appears to be a "tube" of crystalline light, extending down through time and space. When called upon for direct contact/connection, protection, healing, and enlightenment, the energy of the "tube" of crystalline light will appear to be extending through space and completely encompassing your energy field.

2) The interior of the Crystal Ray is called the Crystalline Thread. This is a crystalline thread of energy that provides a clear connection to the energy of Soul. It is an unbreakable thread, making it a reliable conduit for Soul's energy. It also is capable of transmitting resonance, making it possible for energy to resonate downward through the "thread" and into the human body. The resonance/energy issued forth from the Soul, down through the Crystalline Thread, impacts the cells of the body. The process is similar, in a way, to a tuning fork. When a tuning fork is struck, it issues forth a tone, an energy, and a vibration. When the Soul sends an energy vibration into the Crystalline Thread, the energy vibrates down through the Thread and is absorbed by the energy of the physical body. (For the sake of a vision that is somewhat comparable, the internal thread of this Ray is similar in width to nylon thread.)

The origin of The Crystal Ray is the "heart," the essence, the Truth, of the Soul. Basically, this Ray can be thought of as a pure gift of true connection, emanating from your Soul as a gift to your physical presence on Earth.

To begin working with The Crystal Ray, envision a large "tube" of crystalline light coming down through the atmosphere, encapsulating you in its protective energy, surrounding you in a supple vacuum of soft white light. The light is reassuring, comforting, peaceful, and safe.

As you adjust to the energy of the light, yielding to its protection and allowing your thoughts to become calm, imagine that you are breathing in this soft white light. You are becoming as one with the light, becoming as one with this energy-gift from Soul. In the "heart" of this gift, this crystalline tube of soft, white light, is another gift; a direct connection to the wisdom of your Soul. In the very center of the Crystalline Tube of Light you'll find a crystalline thread. It appears to be about the circumference of a piece of nylon thread and yet it is crystalline, unbreakable, impenetrable by anything that is not in alignment with your Soul's intention. The Crystalline Thread often appears to be vibrating gently, catching and reflecting soft pastel lights with its movement. The vibration, the movement, is in response to the energy issuing forth from the Soul. The Crystalline Thread can be thought of in many ways, having many varied purposes. But one of the strongest aspects is its communication capabilities. Like the crystal properties in a radio, the crystalline thread transmits energy waves. When you set the Intention to use the Thread to connect directly to the Soul in order to access the Absolute Truth, the energy of your intention is embedded into the energy that makes up the Thread. Keep in mind, again, that crystalline energy has the ability to enhance, magnify, multiply, energy.

I believe this is a fairly good visualization and explanation of the basics of this Ray. It's a strong and potent Ray. I have no doubt that you'll take your own path with it just by knowing these basics. Again, allow anything to be possible during your meditations. The Soul is infinite. The Ray is connecting you to the Soul. And so you may be interacting with energy from any other place and time within infinity. Keep your Intention strong, using the Ray for the purpose of enhancing your God experience on this planet, at this time. People have reported incredible healing of issues that were longstanding. Remember that the power of the connection with this Ray has the potential to disrupt your life in order to bring it back into Divine Alignment. Be willing to take the path, before you open this door to Enlightenment.

HEALING INTO THE MOMENT

Introduction to the Crystal Ray

As our reality and our Earth-society reaches for understanding and attempts to heal into a higher state of awareness and grace, seekers begin to reach for the awareness of the part they play in the greater picture. Part of this awareness comes through the achievement of personal peace within, a place where we can become quiet and reflect upon the entirety of who we are.

Because our reality has a foundation of consensual agreement (to create our world in the manner we see around us, albeit subconsciously, for the most part), it becomes imperative for each of us to take the necessary steps toward personal healing. As we live in the chaos that surrounds us, each of us seeks a quiet place within that will help us make sense of our own lives as well as the reality in which we live.

The first step toward creating a better world for ourselves as well as for the entirety of Earth-society is to realize the part we play individually and collectively. Our reality is an energy-based reality, made up entirely of energy. Energy is, in its natural state, free flowing, which means that it has no barriers to contain it. When viewed from a distant and detached point of view, our reality is nothing more than a mass of chaotic energy based upon emotional actions and reactions. When we begin to accept and understand this fact, we have taken the first step toward healing our world.

The thoughts and actions that we take on a daily basis impact the energy of our world. Each of us is deeply affected by the energies both within and around us. Our bodies are

bodies of energy. Energy affects energy because it has no barriers. Understanding this will have a major impact on the way we think and react to the world. Energy, because of its very nature, has nothing to guide its path except its creator.

In other words, energy will take the path of least resistance unless directed to do otherwise. This means that each creator of energy, whether it is in the form of emotion, thought, or action, is responsible for the energy created, the energy that each of us is sending into the collective world around us that makes up our reality.

As an energetic be-ing, each person is touched and affected by the energy of others minute-to-minute. Thoughts are emitted into the atmosphere as energetic forms. Thus, millions of new energy forms are created in every second of every day and each quantum of energy is capable of altering your personal energy field. We cannot, of course, stop the constant influx of energies into our world. However, we can learn to monitor the energies within and around us, thus causing our personal healing to progress.

When people begin to see themselves as energetic forms, the process of healing and understanding begins. Each person who shares space with another person affects that person on an energetic level. How then do we discern which energies are our own and which the people around us are creating? The first key lies in aligning with the truth of who and what we are.

Divine Alignment is the term used for accessing and aligning with the personal origin, the Soul. The energy of Divine Alignment is pure. It resonates from the presence of the Soul, untouched and un-impacted by the energy of the life experience each of us is currently undergoing. On a Soul-level, each of us has chosen to experience this lifetime and on a Soul-level we understand that choice and are not adversely affected by these life-experiences because we realize that we are choosing each experience in each moment.

However, the energies that we experience (thoughts, emotions, situations, etc.) impact us here in 3-D and often can cause a misalignment of our original intention and purpose. To re-create the energy of Divine Alignment is to step back into the original purpose of Soul and the reason we chose to be in this place and time, living the experiences we are living. When we accept that our Soul is our primary creator/reason for being in this place and time, we begin to stop resisting the life experience and begin to look for answers and direction from Soul.

Because it is made up of energy, each life experience resides within each person's energetic field. The amount of time the energy stays and the impact the energies have varies, depending upon a person's emotional reaction to the experience. Emotional energy is the primary cause of misalignment with the Soul's original intention. When the process of Divine Alignment begins within a personal energy field, the energies of the life experience begin to heal, transmute, and align with the Soul's original purpose. The Soul is detached from the life experience, understanding that there is a reason for all things and that all things will serve to provide a greater understanding of the Divine. Alignment with Soul provides each of us with the ability to dispassionately observe the energies and the learning experiences that we have. One of the greatest keys to successfully healing into a state of grace is to learn to observe your life experience with the eyes of the Soul.

One of the greatest tools for Divine Alignment is the Crystal Ray. The Crystal Ray, because of its energetic make-up, is capable of piercing the energies that surround us, bringing the pure energy of Soul into our energetic experience without prejudice or interference with free will. It simply allows direct access to the Soul's original energy and intention for this incarnation, offering the choice of following that original intention or ignoring it. Because crystalline energy amplifies energies that interact with it, the Crystal Thread is capable of magnifying the Soul's energy and intention to interact and align with the Earth-aspect of itself.

The simple intention of aligning with Soul creates an energy that causes the Universe to respond. Each Soul hears and reacts to the energy of the desire and intention. To issue forth the energy of thought and intention begins the process of Divine Alignment.

Divine Alignment and the Crystal Ray

The present evolutionary process of our Earth and our species is thrusting Humankind into a critical time, both personally and collectively. One of the greatest needs we have at this time is to be in Divine Alignment with our Souls, with the Original Plan, and with each other. One of the greatest tools for achieving that Divine Alignment is the Crystal Ray.

The primary overseer of the Crystal Ray is Archangel Gabriel. With a mission that is focused on bringing peace into chaos, Gabriel is dedicated to assisting seekers who attempt to bring Divine Alignment into their own life and/ or the lives of others. If called upon to work in harmony with the Crystal Ray and your personal intention to align with your soul's energy, Gabriel offers to share his energy with those who wish to learn the

intricacies of the Crystal Ray. One of his first statements is, "We cannot judge others by determining within ourselves that someone is out of Divine Alignment. It is imperative, as we continue this journey of enlightenment, that we use the Crystal Ray and other tools wisely, with discrimination and kindness, allowing seekers to walk the path they choose, without judgment." Because of its intense ability to impact energies, safeguards for the use of the Crystal Ray have been built into the higher dimensional aspects of the Ray. The Ray has the appearance of a crystal that is touched by the sun's rays, with gentle, pastel colors and a rainbow-like effect.

To begin it is essential to get quiet within oneself. Call upon your Soul, asking for the energy and attention of Soul to be shared with you at this time. From the center of Soul energy, ask that the Crystal Ray be extended to you. The Ray is used as a link, a direct connection of energy, from the pure form of Soul, to your physical presence on Earth. For the sake of inner-vision, you might think of the Ray as an invisible wire, sending energy through the wire from Soul to your 3-D aspect.

From the center of Soul's energy, Soul generates a Crystal Ray connection. The Ray extends through all dimensions and life experiences. As you accept the energy of the Ray, bring that thread of energy down through the center of your body, allowing the Ray to come into your physical presence through the top chakra and down through the center of your body. Each Soul directs the Ray according to what each person needs. However, speaking in generalizations, the Ray normally penetrates the body directly in front of the spine, aligning the kundalini as it penetrates.

When the Ray has entered your body entirely, call upon your Soul to resonate a tone through the Ray. From the "depths" of your Soul's awareness, a tone, a harmony, that is unique to your connection to Soul, will resonate through the entirety of your Soul's experience and flow through your physical cells. Like a tuning fork, the tone vibrates through your cells, causing your Soul's energy to touch and impact each physical cell. During this spiritual exercise, your intention is to achieve Divine Alignment with Soul's intention and purpose.

As mentioned, another aspect of the Crystal Ray is a larger, tube-like ray of energy. This crystalline "tube" is much larger in width than the crystalline thread. It completely encompasses the physical body and aura. When the process of uniting with the Crystal Ray is complete, the physical body is seen to stand within a shimmering ray of crystalline light. It appears as though a person is standing inside a tube of light. One of the reasons that

visitations from a Haathor-visitor seem to suggest that they are standing in an incredibly tall pillar of light is that, more often than not, the members of this society use the Crystal Ray for protection when entering into the denser energies of 3-D. This second aspect of the Crystal Ray is crystalline in nature and, as such, is impenetrable. It serves as a protective shield for the physical energy of the body, protecting the "new" energy of Divine Alignment that is achieved by "installing" the crystalline thread and connection with Soul.

At this point of your work with the Ray, the Crystalline Thread penetrates directly through the center of the physical body with the Crystalline Tube completely enclosing the energy and aura of the body, acting as a shield for the alignment work that is occurring within the body.

The physical body and energy field hold the energy of life's experiences. The Crystal Ray serves to heal, transmute, and align these energies with the Soul. This action aligns the life-experience with the intention of the Soul's original reason for incarnating on Earth. As the Ray resonates the Soul's "tone" through the physical cells, the cells begin to release the energy they have been storing that no longer serves them. Old memories begin to surface, stored pain begins to release, and old wounds begin to heal. The key to successfully and peacefully working with the Crystal Ray is to always hold the intention of gracefully accepting change, easily releasing that which no longer serves you, and accepting a "new" relationship with Soul in order to align your life-experience with your original reason for incarnating on Earth.

Divine Alignment brings each person back into alignment with Soul, causing life to begin taking the path of least resistance. Emotional responses to life's experiences begin to have less impact and adverse effect. Set patterns of behavior begin to change, allowing us to more easily seek out that which is good for us, rather than to continue to manifest pain in our lives.

The Crystal Ray is a powerful tool for aligning with the Original Plan and the original intention of Soul. Holding, as your daily intention, the thought of gently aligning yourself with Soul holds the possibility of causing enormous change in your life.

Life, by its very emotional nature, often takes us "off-track." The Crystal Ray and Divine Alignment get us back on the path of Soul. Expect and embrace the possibility that you and your life-experience may change entirely.